

The Bats join with Adventure Professionals

Adventure Professionals have forged a new relationship with the University of Technology, Sydney's Aussie Rules team, The Bats and will be working with the team to create a tailored team development day, which will be designed to ensure that the players get the most out of their experience.

John 'Colby' Corbet, the President of the Bats, believes that the day will be a great bonding opportunity for the team.

"I believe that the development day will be something that continues to nurture the positive club culture and team values, as well as providing a bit of fun for the players," said Colby.

A number of the Adventure Professionals team attended The Bats' lunch this month and are excited to work with this successful and dynamic young team. If you're part of a team whether it is in the office, on the field or through a club, Adventure Professionals can work with you to tailor a team development day that's just right for you. Enquire today!

Running Camp



Are you a lover of all things running? Adventure Professionals is giving you the opportunity to make like a world class athlete at our October Running Training Camp.

Take a 5 hour drive from Sydney to the scenic town of Jindabyne where you will spend 6 days living and breathing running, surrounded by fellow running enthusiasts.

Owen Anderson, a running training expert from the USA who is known for his work with Kenyan and Ugandan athletes will work with you on your running styles, your running training, stretching and nutrition and share secrets on how to improve your overall performance.

The camp will teach you how to achieve your running goals and will prepare you to reach your personal best in events such as the City to Surf, fun runs, corporate races, half marathons and marathons.

Designed to cater for runners of all speeds, ages and ability levels, the running camp is intended to inspire and motivate you to bring your running performance to a whole new level with much of the camp's training taking place in the pristine hills and mountains of Jindabyne.

Take a break from city life and take part in our Running and Training Camp from October 29 to November 3 – all that's required is a passion for running (and a good pair of joggers!).

Trekking Kokoda



There is no denying the historic and cultural significance that the Kokoda track possesses. Walking the track is not only a spiritual and physical experience, but also an educational one, teaching trekkers about our nation's fallen heroes and helping them to recognise the sacrifices they made for Australia.

While Kokoda remains at the forefront of our country's wartime narrative, there are still very few Australians who have experienced the track firsthand.

Scott Baker, a member of the Bats AFL Club, recently took on Kokoda with a group of old university friends as part of a special reunion and says that the experience was an unforgettable bonding experience.

"You are working as a team all day and at times under stress and you learn to support each other under physical and emotional pressure. You also get to properly know people without the distractions of "normal" life," said Scott.

"Trekking Kokoda also makes you appreciate how lucky you are - the adversities we face today are nothing compared to what the diggers went through."

"It was great to be on the track with your lifelong best mates, enjoying the banter, the laughs and emotional spirit and history of Kokoda. To be so isolated was also an exciting experience - no phones, no news, just long days of challenging yourself and creating the most amazing memories," he added.

As for Scott's emotions when he conquered the Track: "It's initially a relief and a real sense of achievement when you pass through the Kokoda "gates" but you also don't want it to be over. The comradery, banter and laughs keep you going despite the aches and pains and you don't want that spirit of mateship to come to an end. It was a little like the feeling after a grand final, when you have time to reflect on what you have achieved but you don't want the high to end."

Walking the Kokoda Track with a school group, a sporting team or even with your co-workers will bind you and your fellow hikers together forever. Adventure Professionals offers private treks of Kokoda which will provide you and your group with a unique bonding experience while trekking over this historic track.

Kilimanjaro Reminder – June 24 to July 7

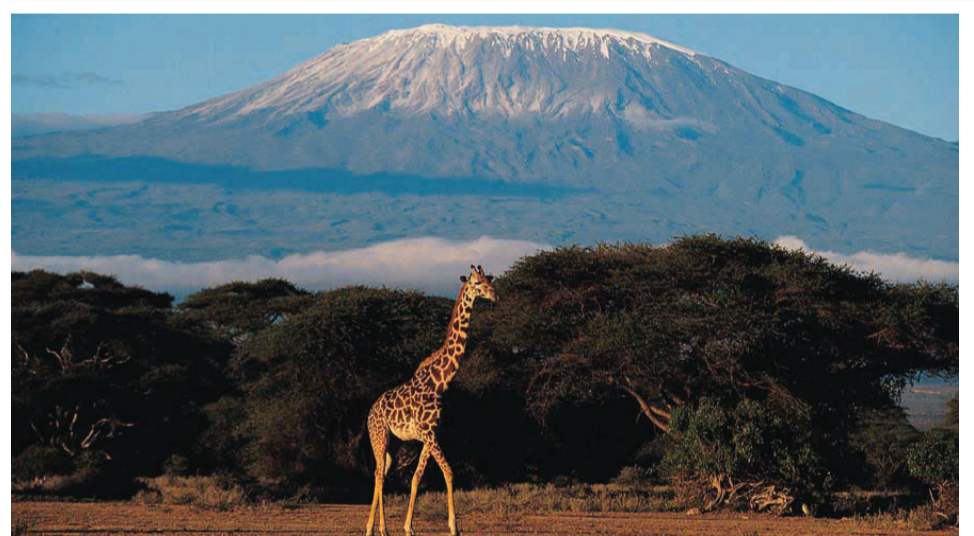
Adventure Professionals are currently seeking fellow intrepid travellers to join us on a 15 day journey to the heart and soul of Africa - the stunning Mt Kilimanjaro.

Experience a cultural, physical and mental journey as you traverse the highest individual mountain in the world and explore the unpredictable and breathtaking landscape of Tanzania.

From thick tropical rainforests to glaciers, this 15 day expedition will expose you to the rare beauty of Africa, placing you up close and personal with native wildlife and allowing you to explore colourful African villages and meet with the friendly locals.

There will never be a dull moment as you pass through open moorlands and rugged alpine deserts towards the final summit, where you can revel in the satisfaction of knowing that you've conquered Africa's largest peak.

If you've been thinking of visiting Africa, then why not do it the right way – by immersing yourself in the wildlife and experiencing the unique culture firsthand. Come join us from June 24 to July 7 as we climb this majestic mount.



Spotlight on The Black Cat Trail: A lost piece of Australian wartime history



We are all aware of the rich wartime significance that the Kokoda Track possesses but not many are familiar with another historic and revered site in Papua New Guinea, where many of our nation's fallen soldiers lay – The Black Cat Trail.

These tough and rugged tracks offer breathtaking scenery and rough trails, allowing trekkers to journey through thick untamed jungles and gain a rare insight into village life, free from Western impact.

On this unforgettable 9 day adventure, you'll learn about the rich history of the Papua New Guinean culture and gain an insight into The Black Cat Trail's wartime significance, while testing your physical and mental endurance.

A trek down The Black Cat Trail is just as rewarding and special as a trip to Kokoda, with the added benefit of being able to view a part of Papua New Guinea that is rarely frequented by Western visitors.

If you're eager to learn a new story about our ANZAC legends and write your own unique story at the same time, then The Black Cat Trail will prove a moving and satisfying life experience.

The Black Cat Trail adventure will depart on July 26 and return on August 5 and private trips for 8 or more people can be organised upon request. If you are interested in finding out more about the adventure, please contact us.

1st birthday bash!

Adventure Professional's 1st Birthday will be held on Wednesday 4th May, 5.30 – 7.30pm at the Queensland Rugby Club, Rugby Quay 123 Eagle Street, Brisbane. The night will reflect on the various trips that we have run over the past year and will feature talks by Chris Whitnall and Glenn Azar. We are excited to celebrate this remarkable milestone. For more information, please contact Adventure Professionals at info@adventureprofessionals.com.au.

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